

The Lentil Things Salad

Yld: 6 c

Prep Ahead:

1 qt Cooked Lentils

1 c Marinade (below)

2 c Marinated Artichokes, large diced plus the marinade

Combine.

Will hold for 7 days (in marinade)- 3 days without marinade.

Lentil Marinade: (yld 2 cups)

1/2 c Basil

2 Tbl Minced Garlic

1 Tbl Smoked Paprika

1 1/2 c Oil

1 tsp Salt

When ready to

1 c lentil mix

1/2 c Roasted Bell Peppers

2 T Caramelized Red Onion

12 pc Persian Cucumber, oblique cut

1/2 c Arugula or Spinach